

# *CURRICULUM VITAE*

## *STEVEN J. ARSHT, M.D.*

- Academic Appointment:** Attending Orthopaedic Surgeon  
Department of Orthopaedic Surgery  
Beth Israel Medical Center  
New York, New York  
2002-present.
- Practice:** Beth Israel Orthopaedics and Sports Medicine  
Department of Orthopaedic Surgery  
Beth Israel Medical Center, New York, NY  
2002-present.
- Current Address:** 10 Union Square East  
Suite 3 M  
New York, NY 10003
- Telephone:** Office: 212-844-6755
- Education:** The George Washington University  
Washington, D.C. 20052  
Bachelor of Arts--Psychology, Magna Cum Laude, 1991  
(1987-1991)
- The George Washington University School of Medicine  
Washington, D.C. 20037  
(1991-1995)  
Doctor of Medicine, 1995. *With Distinction.*  
**Alpha Omega Alpha.**  
**Early Selection Program, 1989.**
- Internship:** The George Washington University Medical Center.  
Department of Surgery. 1995-1997.  
2150 Pennsylvania Avenue, NW  
Washington, D.C. 20037  
Program Director: Bruce A. Orkin, MD
- Residency:** The George Washington University Medical Center.  
Department of Orthopaedic Surgery. 1997-2001.  
2150 Pennsylvania Avenue, NW  
Washington, D.C. 20037  
Chairman: Robert J. Neviasser, MD

**Fellowship:** Adult Reconstruction-Knee and Shoulder: 2001-2002  
Insall Scott Kelly Institute for Orthopaedics and Sports Medicine.  
Beth Israel Medical Center—Singer Division  
170 East End Avenue  
New York, New York 10128  
Chairman: W. Norman Scott, MD (212) 870-9710  
Program Director: Peter D. McCann (212) 870-9764

**Licensure:** Medicine and Surgery. Washington, D.C.  
July 22, 1999. License No. MD 31801 (Lapsed)

Medicine and Surgery. New York  
April 2001. License No. 220608

**Examinations:** Board Eligible, American Board of Orthopaedic Surgery.  
Passed Part 1 Written Examination, July 13, 2001.

**Board Certification:** American Board of Orthopaedic Surgery, July 11, 2004

**Fellow:** American Academy of Orthopaedic Surgeons, March 26, 2006

**Beth Israel Medical Center:** Interim Chair, Sports Medicine Committee, 2004-present  
Orthopaedic Director of HIPSTAT program, 2006-present

**Professional Associations:** American Academy of Orthopaedic Surgeons  
Eastern Orthopaedic Association  
American College of Sports Medicine  
New York County Medical Society

**Academic Honors:**

Paul L. DeWitt Award for Surgical Excellence. Department of Surgery, The George Washington University Medical Center, 1995.

ALPHA OMEGA ALPHA, 1994.

The Delaware Board of Higher Education Scholarship for Outstanding Academic Achievement and Excellence, 1993.

Early Selection Program. The George Washington University School of Medicine, 1989.

Phi Beta Kappa, 1991.

Magna Cum Laude, 1991.

All American Collegiate Award, 1991.

Outstanding Academic Achievement Citation, The George Washington University, 1990.

Golden Key National Honor Society, 1990.

Alpha Epsilon Delta Pre-Medical Honor Society, 1990.

Psi Chi (The National Honor Society in Psychology), 1990.

### **Publications:**

1. Maitino, P.D.; Bowen, J.R.; **Arsht, S.J.**: Oblique Metaphysical Tibial Osteomy for Correction of Adolescent Blount's Disease. *Operative Techniques in Orthopaedics*. 3:156-160, 1993.
2. **Arsht, SJ** and Scuderi, GR. The Quadriceps Snip for Exposing the Stiff Knee. *Journal of Knee Surgery*. Vol 16, No 1, Jan 2003 p.55-57.
3. Shaw, JA, Dungy, D, and **Arsht, SJ**. High Tibial Osteotomy: A Bogus Mechanical Concept Revisited. Accepted for presentation at the 2001 AAHKS and 2002 AAOS Annual Meetings. *CORR*, 420, March 2004.
4. Cushner, F, Lee, G, Scuderi, G, **Arsht, S**, and Scott, WN. Blood Loss Management in High Risk Patients Undergoing Total Knee Arthroplasty: A comparison of two techniques. *J. Knee Surgery*, 2006; 19:249.

### **Manuscripts in preparation:**

1. Blood Management in Primary Unilateral Total Knee Replacement. **Arsht, SJ**, Rosen, A, and Cushner, FD.
2. Blood Management in Bilateral Total Knee Replacement. **Arsht, SJ**, Rosen, A, and Cushner, FD.

### **Presentations:**

1. Total Knee Arthroplasty for the Treatment of Chronic Hemophilic Arthropathy: A Long-Term Follow-up Study. **Arsht, SJ**, Dungy, D, Lewis, RJ, Kessler, CK, and Unger, AS. Presented at the 2001 American Association of Hip and Knee Surgeons (AAHKS).
2. Total Joint Replacement in the HIV Positive Patients. Dungy, D, **Arsht, SJ**, Lewis, RJ, Kessler, CK, and Unger, AS. Presented at the 2001 American Association of Hip and Knee Surgeons (AAHKS) and the 2002 American Academy of Orthopaedic Surgeons (AAOS) Annual Meeting.

### **Book Chapters:**

1. Surgical Management of the Ruptured Patellar Tendon. **Arsht, SJ**, Easley, M, and Scuderi, G. In Cushner, FD, Scuderi, GR, and Scott, WN, *Surgical Techniques For The Knee*. Thieme Publications, New York 2005 pp 158-166.

2. Total Knee Arthroplasty-Varus Deformity: Medial Release. **Arsht, SJ**, and Scuderi, GR. In Cushner, FD, Scuderi, GR, and Scott, WN, Surgical Techniques For The Knee. Thieme Publications, New York. 2005, pp 167-170.
3. Basketball Injuries. Arsht, SJ, Scuderi, GR, and McCann, PD. In Scuderi, GR and McCann, PD, Sports Medicine: A Comprehensive Approach 2<sup>nd</sup> Ed. Elsevier-Mosby, New York, 2005
4. Baseball Injuries. Arsht, SJ, Scuderi, GR, and McCann, PD. In Scuderi, GR and McCann, PD, Sports Medicine: A Comprehensive Approach 2<sup>nd</sup> Ed. Elsevier-Mosby, New York, 2005
5. Soccer Injuries. Arsht, SJ, Scuderi, GR, and McCann, PD. In Scuderi, GR and McCann, PD, Sports Medicine: A Comprehensive Approach 2<sup>nd</sup> Ed. Elsevier-Mosby, New York, 2005
6. Swimming Injuries. Arsht, SJ, Scuderi, GR, and McCann, PD. In Scuderi, GR and McCann, PD, Sports Medicine: A Comprehensive Approach 2<sup>nd</sup> Ed. Elsevier-Mosby, New York, 2005